

Purpose of Introductory Level Tests

To introduce the rider and/or horse to the sport of dressage, confirming that they are beginning to develop an understanding of correct dressage basics. The horse should be ridden freely forward in a steady tempo and clear rhythm, accepting contact with the bit. An understanding of test accuracy and geometry should be demonstrated.

Introduces

Free walk, medium walk, working trot rising, 20 meter circle, halt through walk.

Instructions

To be ridden in a snaffle. All trot to be ridden rising, Transitions from walk to trot and trot to walk may be performed through sitting trot with the objective of performing a smooth transition. Turns from centre line to long side and long side to centre line should be ridden as a half circle, touching the track at a point midway between the centre line and the corner, and vice versa.

Horses should be ridden on a light but steady contact, with the exception of the free walk in which the horse is allowed complete freedom to stretch neck forward and downward. Halts may be through walk.

Collective Marks	Coeff
Paces (Freedom and regularity)	1
Impulsion (Desire to move forward, elasticity of the steps, suppleness of the back and engagement of the hindquarters)	1
Submission (Willing cooperation, harmony, attention and confidence; acceptance of bit and aids, straightness, lightness of the forehand and ease of movements)	2
Rider's Position and Seat, Correctness and Effective Use of the Aids (Clarity, subtlety, independence, accuracy of test)	2

Introductory 0D[®]

Equestrian Sports New Zealand Dressage Test 2023
Effective 1/9/2023

Arena size: 60m x 20m or 40m x 20m

Test Time: 6:00 Minutes or 5:00 minutes (from entry at A to final halt)

Suggested Draw Time: 8:00 minutes 60x20 or 7:00 minutes 40x20

TEST			DIRECTIVE	Coef
1	A X	Enter in working trot Halt, Salute Proceed in working trot	Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min. 3 secs)	
2	C E	Track left Circle left 20m	Regularity and quality of trot; shape and size of circle; bend; balance	
3	Between K & A	Working canter left lead	Willing, calm transition; regularity and quality of paces; shape and size of circle; bend; balance	
4	B	Circle left 20m	Regularity and quality of canter; shape and size of circle; bend; balance	2
5	Approaching B	Working trot	Willing, calm transition; regularity and quality of paces; straightness; bend and balance in corner	
6	C	Medium walk	Willing, calm transition; regularity and quality of walk; bend and balance in corner	
7	HXF FA	Free walk on a long rein Medium walk	Complete freedom to stretch the neck forward and downward into a light elastic contact, clear walk rhythm, straightness on the diagonal and ground cover. Willing and balanced transition	2
8	A	Working trot	Willing, calm transition; regularity and quality of paces; straightness; bend and balance in corner	
9	E	Circle right 20m	Regularity and quality of trot; shape and size of circle; bend; balance	
10	Between H & C	Working canter right lead	Willing, calm transition; regularity and quality of paces; shape and size of circle; bend; balance	
11	B	Circle right 20m	Regularity and quality of canter; shape and size of circle; bend; balance	2
12	Approaching B	Working trot	Willing, calm transition; regularity and quality of paces	
13	A X	Down centre line Halt through medium walk. Salute	Bend and balance in turn, regularity and quality of trot, willing, calm transition; straightness, attentiveness; immobility (min. 3 secs)	
Leave arena in walk on a long rein at A				