

Grafton Riding Club Inc



Saturday 2 September 2023 - Hawthorne Park

Training Day

Entries Close Tuesday 31 August 2023 - 6pm

1	Flat Riding Instruction with Tiff Jones 30 mins or group 45min	\$50 includes Sausage sizzle
	Pole or Grid work with Chris Harding	
2	Social fee- Come along and ride	\$20 includes Sausage Sizzle
3	Introductory Feldenkrais lesson with Cherry Kawamoto (group – if you have a yoga mat please bring along otherwise we will use club chairs)	Free for all attendees
4	Sausage Sizzle for non riders	\$5
5	Day Membership	\$15

Your times will be advised prior to event

Please enter via nominate:

<https://nominate.com.au/equestdn/Event.aspx?e=C79C8FE80A9547939A7628A992D3D6F3&eventlist=2>

Please remember you must be a member to participate. Membership is via nominate.
<https://nominate.com.au/Clubs/RegistrationInformation.aspx?CID=402>

Approved Riding Helmets and Boots must be worn

Enquiries for the day please contact Rosemary 0407 918 594 or email
graftonridingclub@gmail.com